

November 2009



Shipyard Currents

Your source for information for MWR, CYP, Fleet & Family Support Services,
Family Housing and Bachelor Housing at Portsmouth Naval Shipyard!

SNOW AWAY AT STOWE

Lodging,
lift tickets,
continental
breakfasts plus
dinner at
Mt. Stowe
for two, three
or four nights.
Reserve a space
by making a
deposit by
Monday,
December 28.

January 14 through 17, 2010

2010 SKI TRIP DATES

Berkshire East,
February 5 to 7, 2010
Attitash,
March 18 to 21, 2010
Stratton,
in April if the
snow cooperates!

**SNO-JAM THIS
WINTER WITH MWR!**

**SKI TRIPS IN
JANUARY, FEBRUARY
MARCH & APRIL!**

For more information
call 438-1514



Child Development Center, building 342

If you have a child aged six weeks and above, there is a wonderful facility right here on base that can watch your child with prices lower than on the outside of the gate. Our center is nationally recognized as being a part of the 'best child care program in the country'...Navy Child Development Centers. The Center has openings for three to five year olds. Please call the center at 438-2083 for more information about registration.

Liberty Port, building 191

Check out the Thursday bowling schedule for Liberty sailors. Also, enjoy free movies and snacks every Tuesday at Liberty Port at 6 p.m. Call Liberty Port for the movie schedule, 438-4188. The Liberty program is for single and unaccompanied sailors and their guests.

Barber Shop, building 22

The Barber Shop is open 8 to 3 p.m. Monday and Tuesday, and open 8 a.m. to 4 p.m. Wednesday, Thursday and Friday. Monday, Wednesday and Friday, walk-ins, Tuesday and Thursday by appointment. For an appointment call 438-3884.

Fletcher Fitness Center, building 308

KICK THE HABIT! Save money and feel a whole lot better!

Thursday, November 19: The Great American Smokeout.

The Fletcher Fitness Center supports Smoking Cessation. Research shows that smokers are most successful in kicking the habit when they have some means of support, such as nicotine replacement products, counseling, prescription medicine to lessen cravings, guide books, and the encouragement of friends and family members. The Center will help you replace one bad habit with a healthier one, exercise! A free personal trainer will help you stave off the weight gain and get you started on a healthier, happier (richer) you!

For more information on exercise programs, fitness classes and personal training, call the center at 438-4261.

November Movies at the Shipyard Auditorium

All movies are free and are shown every Friday at 7 p.m.

Bring your own snacks!

November 6: Harry Potter and the Half-Blood Prince (PG)

November 13: G-Force (PG)

November 20: The Time Traveler's Wife (PG-13)

November 27: Sorry, no movie. Happy Thanksgiving!

Discount tickets at ITT!



ITT
438-2713

ITT is located in building 22

Open Monday through Friday 9 a.m. to 6 p.m.
Saturday & Sunday noon to 5 p.m.

Boston Ballet presents The Nutcracker

Sunday, December 13 at 5:30 p.m.

Boston Opera House, great seats

**Boston Pops Holiday Concert
with Keith Lockhart**

Sunday, December 13 at 2:30 p.m.

Verizon Arena, New Hampshire,

Blue Man Group

Sunday, February 21 at 2 p.m.

Charles Playhouse, Boston

Great seats in the poncho section,

Good Deal at Great Pond during November

Great Pond is a 375-acre reservation with excellent fishing, hiking, canoe and kayaking and many opportunities to explore Maine.

Located approximately
200 miles north from the shipyard.

Pick up a
Great Pond
Outdoor Adventure
Center brochure
at ITT in
building 22.



Discounted price is good November 1 through 22.

Make your reservation:

Call (207) 584-2000 or email great.pond@rivah.net

All cabins are fully furnished, have a woodstove, bathroom with shower, TV/VCR/DVD, microwave, refrigerator, electric stove, cooking utensils, linens, lake views and screened in porch. Bigelow Lodge has a large fieldstone fireplace.





Open Monday through Friday
7:30 a.m. to 4 p.m.
Located in building 241.



Happy Holidays

The Fleet and Family Support Center will be closed on Wednesday, November 11 for Veterans Day and Thursday, November 26 for Thanksgiving.

FFSC Staff

Director/counselor: 438-1363

Counselor and FAR 438-1196

Work and family life specialist, 438-5785

Education specialist: 438-2600

Information and referral: 438-1835



Transition Assistance Program (TAP) Class

December 7 through 11, 8 a.m. to 4 p.m. in the Wilbrandt Auditorium, Pease ANG Base. If you are within one year of separating or retiring, now is the time to attend TAP. Learn how to write an effective resume, interview, and dress for success. Listen to what employers have to say during the interactive employer panel. Get informed about your veteran benefits. Civilian dress required, spouses are highly encouraged to attend. Call (207) 438-5785 for more information or to register.

Federal Job Search Part 2 For military spouses and transitioning service members.

Tuesday, November 17, 11:30 to 1 p.m.
Learn how to track/follow up on your application and interview. Classes are held in building 241, FFSC classroom. To sign up call (207) 438-5785.



Holiday Hours

All MWR facilities will be closed on

Veterans Day, Wednesday, November 11 and on Thanksgiving, Thursday, November 26.

The Bowling Center will be open Friday, November 27 10 a.m. to 9 p.m.

The Fletcher Fitness Center and gym will be open 10 a.m. to 6 p.m.

All other MWR facilities will be closed on Friday, November 27 and all facilities will have normal operational hours on the weekend.



MWR Facility Hours

Auto Skills Center (207) 438-2981, building 320

Monday & Friday, 8 a.m. to 8 p.m.,

Tuesday through Thursday, 8 a.m. to 5 p.m., Saturday, 10 a.m. to 6 p.m.

Barber Shop (207) 438-3884, building 22

Monday & Tuesday 8 to 3 p.m., Wednesday,

Thursday & Friday 8 a.m. to 4 p.m., Every other Friday 8 a.m. to 3 p.m.

Bowling Center (207) 438-2404, building 308

Monday through Friday, 10 a.m. to 9 p.m., Saturday 10 a.m. to 6 p.m.

Child & Youth Programs (CYP) (207) 438-2083, building 342

Monday through Friday, 6:30 a.m. to 5 p.m.

CYP Youth Center (207) 438-2114 or 438-1503, building H 10

Monday through Friday, 6:30 a.m. to 5 p.m.

Dockside Café (207) 438-2219, building 174

Monday through Friday, breakfast, 5:30 to 8 a.m.

lunch, 11 a.m. to noon

Extreme Bar & Grill (Bowling) (207) 438-1727, building 308

Monday through Friday, 10 a.m. to 8:15 p.m., Saturday, 10 a.m. to 5 p.m.

Fletcher Fitness Center (207) 438-2286 or 438-4261

Monday through Friday, 5 a.m. to 8 p.m., Saturday & Sunday, 10 a.m. to 6 p.m.

Gear Rental (207) 438-1514, building H10

Monday through Friday, 8 a.m. to 4 p.m.

Great Pond, Great Pond, Maine (207)-584-2000



Gull Cottage, Prospect Harbor, Maine (207)-584-5099

JoJo's (207) 438-5114, building 153

Monday through Friday, 5 a.m. to noon

Liberty Port, Single Sailor Program, (207) 438-2712, building 191

Monday through Friday 2 to 9 p.m.

Saturday & Sunday noon to 7 p.m.

Marina Services Information (207) 438-1280

Marketing (207) 438-2351

MWR Director (207) 438-1583

Relief Valve Rec Center, (207) 438-438-2769, building 22

Monday through Friday 9 a.m. to 6 p.m.

Saturday & Sunday noon to 5 p.m.

Tirante Tavern (Restaurant) (207) 438-2269, building 22

Monday through Friday, breakfast, 5:15 to 8 a.m.

lunch, 11:00 a.m. to 12:30 p.m.

Tirante Tavern (Bar) (207) 438-4666, building 22

Wednesday through Friday, 3 to 7 p.m., can be opened for special events.

Tickets (ITT) (207) 438-2713

Monday through Friday, 9 a.m. to 6 p.m., Saturday & Sunday, noon to 5 p.m.

Wood Hobby Shop (207) 438-1820, building H10

Monday, Wednesday & Friday, 9 a.m. to 1 p.m.

Tuesday & Thursday 4 to 9 p.m., Saturday 9 a.m. to 2 p.m.

